



Endless Discoveries PARENT NEWSLETTER

HICO

SEPTEMBER 2026



Let's Eat a Better Breakfast!

September is Better Breakfast Month, so this is a good time to think about what our children are eating in the morning.

Imagine you're a car. After sleeping all night, your gas tank is empty. Breakfast is the fuel that gets you going so you can hit the road.

Breakfast should include a variety of foods, such as fruit, vegetables, grains, protein (meat, eggs, nuts, and seeds), and dairy products (milk, cheese, and yogurt).

September Birthdays

Aria F. - September 5
Hayden H. - September 9
Riley M. - September 15
Genesis C. - September 24

Teacher of the Month



Ms. Destiny is our newest addition, and she has already been extremely instrumental in our everyday work! She brings so much energy, dedication, and enthusiasm to everything she does. We are so grateful to have her as part of our Endless Discoveries family.

Important Dates

Labor Day - September 7
(*Endless Discoveries will be closed at noon on 9/4 and all day 9/7.*)

Grandparents Day - September 13

Constitution Day &
Citizenship Day - September 17

Better Breakfast Month

Good Manners Month

Happy Grandparents Day!

Endless Discoveries will celebrate Grandparents Day on Friday, September 11, with breakfast at drop off.

We are grateful for your being our heroes, someone to lean on, and our best friends.

Grandparents are like stars. You don't always see them, but you know they're there.

Baby Safety Month

September is Baby Safety Month, and although safety is important year-round, this is a good time to discuss the importance of protecting our precious children.



Why Reading is Important



Reading with your child on a regular basis creates a stronger relationship between the two of you. In addition, it teaches your child basic speech skills, better communication skills, more logical thinking skills, and enhanced concentration and discipline.

Try to make it a habit to read with your child daily!

Happy Anniversary!

We would like to wish our sister school in Glen Rose a Happy Anniversary! Congratulations on serving the families in your area for seven years!