

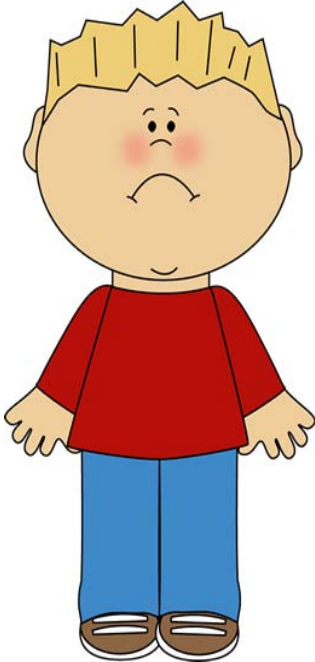


# Endless Discoveries

## PARENT NEWSLETTER

GLEN ROSE

MARCH 2020



# Sometimes, it bites to be a toddler

Problem solving begins in our infants and develops through early childhood. Biting, hitting, and pushing are typical behaviors presented by infants, toddler, and 2-year-olds. As children mature, they are working to gain self-control, and to outgrow common problem-solving tactics that may be inappropriate and physical.

It is our job as parents and educators to better understand why these behaviors are happening, and how we can best help our children.

Why do children bite?

- Relieve pain from teething
- Explore cause and effect
- Act in self-defense
- Communicate needs
- Communicate difficult feelings
- Gain attention
- Feel in control

What can you do at home to help with these behaviors, and to prevent these behaviors?

- Have appropriate expectations for your toddler based on current skills.
- Create a consistent schedule, and routine. Children are able to thrive when they can predict what will happen next.

- Offer opportunities that release tension (i.e. bubbles, soft music, playdough).
- Use positive guidance to help your child develop self-control (i.e. "You can each have a truck in the sandbox").
- Help your child with language development. Prompt children to use the full word when speaking, and introduce descriptive words when talking with your toddler (i.e. "Can I use the blue ball").
- Utilize teething toys.

<https://www.naeyc.org/our-work/families/understanding-and-responding-children-who-bite>

*Teacher of the Month:  
Ms. Dana*



Ms. Dana is a new teacher here at Endless Discoveries, but that hasn't stood in her way. Ms. Dana is a loving member of our staff who has quickly left her mark on her students, as well as her fellow teachers. She is a hardworking, nurturing soul that will always go the extra mile for her classroom. We are lucky to have her on our team!

### Events this Month

- Dr. Seuss Week (March 2-6)
- Daylight Savings - Spring Forward (March 8)
- Spring Carnival/St. Patty's Trike-a-thon (March 17)
- First Day of Spring (March 19)

### Teacher Birthdays

- Ms. Dana - March 25
- Ms. Kristin - March 29

### Student Birthdays

- Allison S. - March 31

### Enrollment Incentive

Let your friends know about our monthly special offers so they can take advantage of these great deals! For the month of March, all new enrollees receive a \$50 gift card from La Rue Salon & Spa.



**Enroll by March 31, and receive a \$50 Gift Certificate to La Rue Salon after 30 days of enrollment.**