



# Endless Discoveries

## PARENT NEWSLETTER

GLEN ROSE

JANUARY 2026



## Benefits of Outdoor Time



Winter is here, and we still have our gross motor play outside on days that the temperature is 38 degrees and above. Please remember to bring jackets, scarves, mittens, hats, etc. for outside time.

We all know how much children love playing outside, but are you aware of the benefits of spending time on the playground every day?

When children are running, jumping, climbing, crawling, sliding and playing on riding toys, they are developing gross motor

skills, the ability to move the large muscles in the body.

Every child develops at a different rate, and our teachers make use of outdoor play to help children develop strength and agility at every stage of their development.

Playing with balls and outdoor games like Simon Says, Tag and Red Light Green Light are great ways to keep children moving, interacting with each other, and creating memories of fun times with friends.

## Teacher of the Month

This month we want to highlight Ms. Deleila. She has been our PS1 teacher for a year and is now the teacher for our new Adventure Club!

Ms. Deleila enjoys challenging herself and teaching the kids new and exciting things!



## Holiday Fun

Science Fiction Day - 1/2  
(We will explore space.)

Static Electricity Day - 1/9  
(Science Experiments)

Silly Hat Day - 1/15  
(Wear a silly hat to school!)

National Hot Chocolate Day - 1/29  
(We will make & drink hot chocolate.)

## Happy New Year!

Endless Discoveries would like to wish you and your family good health, happiness, and great success in the coming year! Have a great start to a great New Year!

## January Birthdays

Greyson W. - January 12  
Reece B. - January 14  
Hope M. - January 18  
Niah V. - January 24  
Lyrikk G. - January 27  
Hayes S. - January 31

## January Holidays

New Year's Day - January 1  
National Hat Day - January 15  
National Popcorn Day - January 19  
MLK Jr. Day - January 19

## Reminder

We will be closed on Thursday, January 1. We hope you have a safe and sparkling New Year!