



# Endless Discoveries

## PARENT NEWSLETTER

HICO

JANUARY 2025



## Benefits of Outdoor Time



Winter is here, and we still have our gross motor play outside on days that the temperature is 38 degrees and above. Please remember to bring jackets, scarves, mittens, hats, etc. for outside time.

We all know how much children love playing outside, but are you aware of the benefits of spending time on the playground every day?

When children are running, jumping, climbing, crawling, sliding and playing on riding toys, they are developing gross motor skills, the ability to move the large muscles in the body.

Every child develops at a different rate, and our teachers make use of outdoor play to help children develop strength and agility at every stage of their development.

Playing with balls and outdoor games like Simon Says, Tag and Red Light Green Light are great ways to keep children moving, interacting with each other, and creating memories of fun times with friends.

### Student of the Month



Nova M. is our Student of the Month for January. She loves playing with her friends and Ms. Breann. She is a great helper in her class.

### January Holidays

New Year's Day - January 1  
National Hat Day - January 15  
National Popcorn Day - January 19  
MLK Jr. Day - January 20  
Chinese New Year - January 29

### Holiday Fun

Law Enforcement  
Appreciation Day  
January 9

National Sticker Day  
January 13

Hot Cocoa Day  
January 31

*(We will have hot cocoa with our  
afternoon snack!)*

### Staff Anniversaries

Ms. Dustilyn - 2 Years - January 3

### Happy New Year!

Endless Discoveries would like to wish you and your family good health, happiness, and great success in the coming year!

Have a great start to a great New Year!

### January Birthdays

Theodore S. - January 12  
Nova H. - January 22  
Kaysen K. - January 27  
John O. - January 28

### Facebook Reviews

We would love to have your reviews on our Facebook page! When you click "Reviews," you'll be asked "Do you recommend Endless Discoveries Hico?" Then when you click "Yes," you'll be asked "What do you recommend about Endless Discoveries Hico?" Comment at least 25 characters, and be sure to make it Public.