

Benefits of Outdoor Tim



GLEN ROSE

January 2025

Winter is here, and we still have our gross motor play outside on days that the temperature is 38 degrees and above. Please remember to bring jackets, scarves, mittens, hats, etc. for outside time.

We all know how much children love playing outside, but are you aware of the benefits of spending time on the playground every day?

When children are running, jumping, climbing, crawling, sliding and playing on riding toys,

January Holidays

New Year's Day - January 1 National Hat Day - January 15 National Popcorn Day - January 19 MLK Jr. Day - January 20 Chinese New Year - January 29

January Birthdays

Atlas M. - January 3 Greyson W. - January 12 Izan P. - January 13

Happy New Year!

Endless Discoveries would like to wish you and your family good health, happiness, and great success in the coming year! Have a great start to a great New Year! they are developing gross motor skills, the ability to move the large muscles in the body.

Every child develops at a different rate, and our teachers make use of outdoor play to help children develop strength and agility at every stage of their development.

Playing with balls and outdoor games like Simon Says, Tag and Red Light Green Light are great

Holiday Fun

National Hat Day - 1/15 (Wear your favorite hat to school!)

National Hugging Day - 1/21 (*Give a friend a hug!*)

National Compliment Day- 1/24 (We think you're awesome!)

Blueberry Pancake Day - 1/28 (Who says there's no blue food?)

National Hot Chocolate Day - 1/31 (Perfect drink on a chilly day!)

Teacher Birthdays

Ms. Shay - January 4

Reminder

We will be closed on Monday, January 1. We hope you have a safe and sparkling New Year! ways to keep children moving, interacting with each other, and creating memories of fun times with friends.

Teacher of the Month

Meet our Younger Toddler teacher, Ms. Presley! She loves to do crafts and play music for her class. She enjoys teaching and watching her kids learn new things. Ms. Presley has brought so much fun and joy to her classroom and fellow teachers!

