

# Endless Discoveries Child Development Center

# Monthly Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>WEEK 1</b>						
AM SNACK	Nutri-Grain Bar Milk	Baked Oatmeal with Berries Water	Toast, Fresh Fruit Water	Yogurt with Granola Water	Cinnamon Toast Sticks Milk	
LUNCH	Taco Salad, Spanish Rice, Pears, Milk	Beef & Tater Tot Casserole, Peas, Fruit, Milk	Chicken Pasta, Fruit Cocktail, Green Beans, Milk	Beef Quesadillas, Corn, Fruit Cocktail, Milk	Turkey & Cheese Sliders, Carrots, Fresh Fruit, Milk	
PM SNACK	American Cheese & Crackers Water	Fig Bar Juice	Rice Cakes, Cream Cheese Water	Whole Grain Cheese-Its Juice	Animal Crackers Juice	
<b>WEEK 2</b>						
AM SNACK	Belvita Milk	Cinnamon Raisin Toast, Raisins, Water	Waffles, Berries Water	Breakfast Pizza Water	Cereal Milk	
LUNCH	Ham Pizza, Salad, Peaches, Milk	Spaghetti with Meat Sauce, Salad, Mandarin Oranges, Milk	Chicken & Rice, Broccoli, Peaches, Milk	Mac & Cheese with Ham, Green Beans, Fresh Fruit, Milk	Fish Sticks, Green Beans, Bananas, Milk	
PM SNACK	Craisins & Crackers Water	Whole Grain Cheezits Juice	Rice Cakes Juice	Fig Bar Juice	Cheese & Crackers Water	
<b>WEEK 3</b>						
AM SNACK	Granola, Yogurt Water	French Toast Sticks, Berries Water	English Muffins with Cheese Water	Graham Crackers, Bananas Water	Nutri-Grain Bar Milk	
LUNCH	Mexican Cornbread, Beans, Pineapple, Milk	Cheesy Hamburger Macaroni, Green Beans, Pears, Milk	Chicken Pot Pie, Peaches, Milk	BBQ Chicken Sandwich, Cole Slaw, Strawberries, Milk	Chicken Nuggets, Mashed Potatoes, Fresh Fruit, Milk	
PM SNACK	Fresh Fruit, Cheese Cubes, Water	Graham Crackers Juice	Whole Grain Cheese-Its Juice	Fig Bar Water	Cheese & Crackers Water	
<b>WEEK 4</b>						
AM SNACK	Belvita Milk	Cinnamon Raisin Toast, Raisins, Water	Muffins with Bananas Water	Bagel with Cream Cheese Water	Waffles with Berries Water	
LUNCH	Smoked Sausage, Penne Pasta, Tomato and Cucumber, Milk	Shepherd's Pie, Mandarin Oranges, Milk	Fiesta Chicken, Salad with Croutons, Peaches, Milk	Tuna Casserole with Peas, Cantaloupe, Milk	Pepperoni Pizza, Corn, Pineapple, Milk	
PM SNACK	Goldfish Juice	Rice Cakes Juice	Animal Crackers Juice	Whole Grain Cheese-Its Juice	Trail Mix Water	
<b>WEEK 5</b>						
AM SNACK	Nutri-Grain Bar Milk	Baked Oatmeal with Berries Water	Toast, Fresh Fruit Water	Yogurt with Granola Water	Cinnamon Toast Sticks Milk	
LUNCH	Taco Salad, Spanish Rice, Pears, Milk	Beef & Tater Tot Casserole, Peas, Fruit, Milk	Chicken Pasta, Fruit Cocktail, Green Beans, Milk	Beef Quesadillas, Corn, Fruit Cocktail, Milk	Turkey & Cheese Sliders, Carrots, Fresh Fruit, Milk	
PM SNACK	American Cheese & Crackers Water	Fig Bar Water	Rice Cakes, Cream Cheese Water	Whole Grain Cheese-Its Juice	Animal Crackers Juice	

